

# ***On Humility***

*By Phil Sovdi*

We are not talking about the book, mythological or actual, "Humility and How I attained it."

It is not something that I have arrived at and now "I will instruct you," but I am on a journey, just as you are.

Not having arrived, I embrace the idea and the reason for humility.

## **Humility is not:**

Walking around with our heads hanging down having an Eeyore kind of attitude, "It really doesn't matter anyway." It's not about being poor; it's not about being the last or least although when confronted, with these things, it will show up.

Humility is not about discrediting yourself or your abilities. It is not about pretending or being glum. It is not about a comparison with anyone (human) else.

## **Humility is:**

I believe that humility is a wide-eyed, open understanding of who you are in light of who Christ is. All my learning, understanding, wisdom, and talents are laid open before God, what I do well, and all my faults, misgivings, shortcomings, and what I don't do so well. Then Look to Jesus in all of his glory, or all the glory I can perceive and the result is humility.

If I compare myself with you I might even get to look good, (usually in my own eyes) but when I compare myself with Christ, I am at best, a work in progress.

We are told that Jesus, the only one qualified to have a reputation, took none. We, who are unqualified according to the criterion that Jesus set, are always trying to get and maintain a reputation.

Jesus humbled himself; see Philippians 2.

We who are unqualified should have the same mindset and do the same.

## **How to Use this Tool:**

Begin with prayer. "Father I can see and feel my self-will rising, I know if left unchecked it will be gross. I want to see you in this moment and allow myself to be viewed in light of who you are. Thank you for who you are, thank you for who I am in light of you, and help me to embrace who you have made me to be in Jesus name amen."